

The Bakehouse

Pasties | Savouries

SPICED VEG PASTY	746kcal	VG	5.50
CHEESE AND ONION PASTY	852kcal	V	5.50
TRADITIONAL STEAK PASTY	738kcal		5.75
SAUSAGE ROLL	337kcal		3.95
SIDE OF FRIES	348kcal	VG	3.50

Wraps | Sandwiches

CORONATION CHICKPEA SANDWICH IN MULTISEED BLOOMER	395kcal	VG	DF	GFO	5.25
WITH CRUNCHY LEAF					
CHEDDAR CHEESE AND CHUTNEY IN BLOOMER	690kcal	V	GFO		5.00
WITH HOMEMADE APPLE CIDER CHUTNEY					
CORNISH HAM SANDWICH IN BLOOMER	330kcal	DF	GFO		5.25
SIMPLE AND DELICIOUS USING LOCALLY SOURCED HAM					
CHEESE AND CORNISH HAM IN BLOOMER	379kcal	GFO			5.50
HALLOUMI SALAD WRAP	545kcal	V			5.50
WITH HONEY WAND SWEET CHILLI GLAZED HALLOUMI					
BLT IN MULTISEED BLOOMER	381kcal	DF	GFO		6.25
CORNISH STREAKY BACON, ROCKET LEAVES AND TOMATO WITH VEGAN MAYO					

FOOD MADE ON-SITE IN OUR BUSY KITCHENS IS MADE USING A WIDE RANGE OF INGREDIENTS. WE ALWAYS DO OUR BEST BUT WE CAN'T GUARANTEE THAT ANY OF OUR DISHES ARE TOTALLY ALLERGEN FREE. PLEASE SPEAK TO A MEMBER OF THE TEAM IF YOU HAVE ANY DIETARY REQUIREMENTS. WE'RE HERE TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY.
KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

VG VEGAN V VEGETARIAN GF GLUTEN FREE
GFO GLUTEN FREE OPTION AVAILABLE

