

The Bakehouse

Pasties and savouries

SPICED LENTIL AND VEG PASTY 746kcal **VG** 5.00

CHEESE AND LEEK ROLL 381kcal **V** 3.50

MADE WITH CORNISH GOUDA FROM TALVAN FARM NR LOOE

CHEESE AND ONION PASTY 852kcal **V** 5.00

MADE USING WEST COUNTRY CHEDDAR
WITH A HINT OF MUSTARD

TRADITIONAL STEAK PASTY 738kcal 5.00

AN AWARD WINNING PASTY MADE USING
GRAHAM'S MUM'S SECRET RECIPE

SAUSAGE ROLL 337kcal 3.50

SEASONED CORNISH PORK IN A LIGHT PUFF PASTRY

BACON AND CHEESE PARCEL 315kcal 3.95

CORNISH BACON AND WEST COUNTRY CHEDDAR;
A TASTY COMBINATION

Sandwiches

BLT 371KCAL **GFO** 6.50

CLASSIC BLT WITH CORNISH STREAKY BACON, MAYO,
TOMATO AND ROCKET LEAVES

WESTCOUNTRY CHEDDAR 565KCAL **V** **GFO** 5.25

A FAMILY FAVOURITE

EGGLESS MAYO 235KCAL 4.95

A TOFU MAYO SANDWICH WITH CRESS **VG** **GFO**

CORNISH HAM 330KCAL **GFO** 5.50

SIMPLE AND DELICIOUS

CORONATION CHICKPEA 449kcal **VG** **GFO** 5.50

TWIST ON THE CLASSIC WITH CHICKPEAS IN A CHUTNEY
AND CURRY MAYO WITH PEPPERS, SULTANAS AND
GEM LETTUCE

IF YOU HAVE ANY DIETARY REQUIREMENTS OR NEED ASSISTANCE
WITH THE MENU PLEASE SPEAK TO A MEMBER OF OUR TEAM.
WE'RE ALWAYS HAPPY TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY.
KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

VG VEGAN **V** VEGETARIAN **GF** GLUTEN FREE **GFO** GLUTEN FREE OPTION AVAILABLE

